

## GRAB & GO ESSENTIALS AND ACRONYMS 101

### BIOGRAPHY

David Caddell is a former teacher and educational leader with much experience in emergency planning for schools, and more than twenty years as a volunteer with emergency preparedness groups in municipalities within the Capital Region District. Exercises, call outs and planning have given him experience with being prepared to “Grab and Go”.



### SESSION ABSTRACT

“Grab and Go” is more than just “Grab” and “Go”. One needs to do considerable planning ahead of a call out. A 24/7 commitment with your agency or group requires a continuous addressing of your personal situation and equipment. What must you do to be on call and what do you bring with you? Could you really put your “life” on hold at any time for a call out of 12 hours? 24 hours? A week? ESS, SAR, and Comms, we are all in this together. We can make it work and be effective members of our team.

Also, “What do those letters stand for?” The VIEPC committee has put together an extensive list of acronyms used in all aspects of emergency management in B.C. for us to refer to and share. We will review the list and perhaps add to it!!